

Supplement Facts

Serving Size: 1 Soft Gel
Servings per Container: 90

	Amount per Serving	%DV*
Calories	12	
Calories from Fat	11	
Total Fat	1 g	2%
Saturated Fat	<1 g	<1%
Polyunsaturated Fat	<1 g	†
Monounsaturated Fat	<1 g	†
Cholesterol	3 mg	1%
Total Omega	827 mg	†
<u>Typical Average Fatty Acid Profile</u>		
Alpha Linolenic Acid (ALA) Omega 3	300 mg	†
Linolenic Acid (LA) Omega 6	103 mg	†
Oleic Acid (OA) Omega 9	120 mg	†
Gamma Linolenic Acid (GLA)	19 mg	†
Eicosapentaenoic Acid (EPA)	171 mg	†
Docosahexaenoic Acid (DHA)	114 mg	†

* Daily Values (DV) are based on a 2,000 calorie diet for adults and children over 4 years of age.

† Daily Value (DV) not established.

OTHER INGREDIENTS: Fish Oil (Anchovy, Sardines, or Pollock), Organic Flaxseed Oil, Gelatin, Glycerin, Borage Seed Oil, Purified Water and Mixed Tocopherols.

Contains Fish (from Norway, Chile, Peru, South Africa, or North America) and Soy.