

# Ultimate Capsules & Tablets

## ULTIMATE CAL®

Trace minerals are needed for optimal absorption and retention of calcium. Regular exercise and a healthy diet with enough calcium helps teen and young adult women maintain good bone health and may reduce their high risk of osteoporosis later in life. Adequate calcium intake is important, especially for aging bodies. Daily intakes above 2,000 mg however, are not likely to provide any additional benefit.



Item# 21221 - 120 Capsules



### Supplement Facts

Serving Size: 2 Capsules Servings per Container: 60

Amount per Serving	% Daily Value*
Calcium (from hydroxylapatite, phosphate) 230 mg	23%
Phosphorus (from hydroxylapatite, phosphate) 108 mg	10%
Magnesium (from aac) 40 mg	10%
Zinc (from aac) 3 mg	20%
Potassium (from aac) 80 mg	<1%
Boron (from aac) 1.5 mg	†
Strontium (from hydroxylapatite) 100 mcg	†

† Daily Value not established

\* % Daily Values based on 2,000 calorie diet

Ultimate Cal® contains the minerals that have been shown to improve the uptake of calcium. This is the choice for anyone who is concerned about getting proper amounts of calcium.

- Supports healthy bones\*
- Fortified with calcium, magnesium, potassium, zinc and boron

Other ingredients: Gelatin capsule (gelatin and water).

## CARDIO FX™

Developed for nutritional supplementation of the cardiovascular system. An excellent product for those with an active lifestyle or for those who are concerned about supporting their heart and cardiovascular system with nutrients including: garlic, ginkgo, hawthorn berry, Co-enzyme Q-10 and more!

- Promotes optimal health, well-being and healthy cardiovascular function\*



Item# 20683 - 60 Capsules



### Supplement Facts

Serving Size: 2 Capsules Servings per Container: 30

Amount per Serving	% Daily Value*	Amount per Serving	% Daily Value*
Vitamin C (as ascorbic acid) 120 mg	200%	Acetyl-L-carnitine 100 mg	†
Niacin (as inositol hexanicotinate) 20 mg	100%	Ginkgo leaf (ginkgo biloba) pe** 4:1 100 mg	†
Vitamin B-6 (as pyridoxal 5 phosphate) 8 mg	400%	N-acetyl-cysteine 50 mg	†
Folic acid 800 mcg	200%	Co-enzyme Q-10 (ubiquinone) 10 mg	†
Vitamin B-12 (as cyanocobalamin) 100 mcg	1666%	Hawthorn berry (crataegus laevigata) pe**10% polyphenols 10 mg	†
Magnesium (from magnesium aac) 20 mg	5%		
L-taurine 300 mg	†		
Garlic bulb (allium sativum) ***1500 ppm allicin 120 mg	†		

† Daily Value not established

\*\*\* Powdered extract

\*\* Standardized powdered extract

\* % Daily Values are based on a 2,000 calorie diet

Other ingredients: Gelatin capsule (gelatin and water).

\* These statements have not been evaluated by the FDA. This is not intended to diagnose, treat, cure or prevent any diseases.