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ULTIMATE DAILY®

Sometimes the hectic pace of everyday life can cause you to neglect the nutritional needs of your body. That's why we've formulated a supplement for people like you: people on the go. Ultimate Daily[®] has a formulation that is so complete and convenient, it contains a full day's supply of vitamins, minerals, and antioxidants. This broad spectrum of ingredients will enhance the circula-



Ultimate^m

Item# 21831 - 180 Tablets

tory system and fuel your body. Ultimate Daily® is an easy and convenient choice for anyone concerned about their health.

- Complete source of vitamins and minerals
- Promotes immune system health
- Supports respiratory health
- Supports healthy bones and joints
- Supports cardiovascular health
- Easy-to-swallow tablets
- All natural*

Supplement Facts

Serving Size: 2 Tablets Servings Per Container: 90

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Amount per Serving	% Da	ily Value†	Amount per Serving	% Dail	y Value†
Vitamin A (as beta carotene)	4,000 IU	80%	Manganese (from manganese	2 mg	100%
Vitamin C (as ascorbic acid)	400 mg		amino acid chelate)		
Vitamin D (as ergocalciferol)	300 IU		Chromium (from chromium citrate)	<u>v</u>	33%
Vitamin E	100 IU	333%		120 mg	3%
(as d-alpha tocopheryl acetate)			amino acid chelate)		
Thiamin (as thiamin HCI)	20 mg	1333%	L-Cysteine (from I-cysteine HCI)	100 mg	**
Riboflavin	20 mg	1176%	DL-Methionine	30 mg	**
Niacin (as inositol hexanicotinate		100%	Para-Aminobenzoic Acid	30 mg	**
Vitamin B6 (as pyridoxine HCI)	20 mg		Inositol	20 mg	**
Folic Acid	150 mcg	37%	Chondroitin Sulfate	14 mg	**
Vitamin B-12	40 mcg	667%	Dimethylglycine	14 mg	**
Biotin	20 mcg	7%	Thymus Gland Powder	14 mg	**
Pantothenic Acid	30 mg	300%	Ginkgo Leaf (Ginkgo Biloba) p.e. *	<u> </u>	**
(as calcium pantothenate)			24% ginkgo flavone glycosides/		
Calcium (from hydroxylapatite	400 mg	40%	6% terpene lactones		
phosphate)			L-Carnitine (fumarate)	10 ma	**
Iron (from ferrous)	2 mg	11%	Bilberry Fruit (vaccinium myrtillus)	8 mg	**
lodine (from kelp)	40 mcg	27%	p.e.* 25% anthocyanidins		
Magnesium (from magnesium	100 mg	25%	Co-enzyme Q-10	4 ma	**
amino acid chelate)			Hawthorn Berry (crataegus laevigat	a)4 mg	**
Zinc (from zinc amino acid chelat		27%	p.e.* 1.8 vitexin	·/ J	
Selenium (from selenium	60 mcg	85%	** Daily Value not established		
amino acid chelate)			* Standardized powdered extract		
Copper (from copper amino acid chelate)	50 mcg	2%	† % Daily Values based on 2,000 calori	e diet	

Other Ingredients: Stearic acid (vegetable source), plant cellulose, cellulose gum, magnesium stearate (vegetable source), magnesium silicate, and silicone dioxide.

27 8. Tablets

* These statements have not been evaluated by the FDA. This is not intended to diagnose, treat, cure or prevent any diseases.