



ULT. CORAL CALCIUM XTRA™

Tidal Wave's™ Ultimate Coral Calcium Xtra™ formula features 1000 mg of coral harvested from Okinawa, Japan's volcanic mineral-rich waters. Premium ingredients, such as soy isoflavones and MSM, have been added for additional benefits, and to enhance the absorption and utilization of calcium. Independent studies have concluded that consuming soy isoflavones can increase bone mineral content and bone density, and stimulate bone formation. It may help offset the drop in estrogen during menopause, and regulate the fluctuations that occur.



Item# TW1100 - 90 Capsules



Supplement Facts

Serving Size: 3 Capsules

Servings per Container: 30

	Amount per Serving	% Daily Value*
Vitamin A (as beta carotene)	2550 IU	51%
Vitamin C (as ascorbic acid)	90 mg	150%
Vitamin D	900 IU	225%
Vitamin E (as d-alpha-tocopherol)	45 IU	150%
Thiamine (B-1)	1.5 mg	100%
Riboflavin (B-2)	1.7 mg	100%
Niacinamide (B-3)	20 mg	100%
Vitamin B-6 (as Pyridoxine HCl)	40 mg	100%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%
Pantothenic acid (B-5)	10 mg	100%
Calcium (345 mg from coral, 51 mg from citrate)	396 mg	40%
Magnesium (16 mg from coral, 182 mg from citrate)	198 mg	50%
Zinc (amino acid chelate)	15 mg	100%
Selenium (amino acid chelate)	105 mg	100%
Manganese (citrate)	6 mg	300%
Chromium (amino acid chelate)	90 mcg	75%

Ultimate Proprietary Blend 244 mg *
Lysine HCl, Soy Extract (non-GMO, yielding soy isoflavones), MSM, Red Algae Powder (Lithothamnium corallioides, yielding elemental silicon), Strontium, Boron, Cesium

* Daily Value not established

Other Ingredients: coral, gelatin capsules